

HERO HII EMPLOYEES
REACH OUT

Anthem

Date	Time	Topic	Trainer	WebEx Registration Link
1/13	12PM EST 11AM CT	The Connection between Exercise and Mental Health	Amy Grazen	REGISTER HERE
2/10	12PM EST 11AM CT	Dual-Career Relationships	James Francis	REGISTER HERE
3/10	12PM EST 11AM CT	Social Security Retirement Planning	Greg Berlin	REGISTER HERE